# **NUS program**



29 september – 1 oktober 2023

Stockholm

### Friday 29 september

#### 17:00 Meet on DUKIS, Swedish staff is there and welcome you!

(address to DUKIS: Olof Palmes gata 27, 111 22 Stockholm)

- 17:30 Information and icebreaking
- 18:30 Dinner
- 20:00 Check in at the hotel

Rest of the evening: Free time

## Saturday 30 september

07:00	Breakfast opens
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09:00 Nordic Youth Seminar "Break taboo!'' begins!

09:30 Workshop with Äkta män projekt (Break included too)

12:00 Lunch

13:30 Plural love: Understanding Non – Monogamy and Polyamory – Federica Bonacci

15:00 Breaktime

15:30 Activites

17:30 Free time for relax, social time or sightseeing by yourself in Stockholm

18:00 Back to DUKIS and eat the dinner

19:30 Open for everyone 18-35 years old to come inside with entrance fee, free for NUS participants!

20:00 Close and Standup with Florian Tirnovan (FLOWTV)

21:00 Pub evening in DUKIS, also open for everyone 18-35 years old outside NUS.

Rest of the evening: free time

#### Sunday 1 October

- 07:00 Breakfast opens
- 08:30 Check out from the hotel and bring your bag to DUKIS.
- 09:15 Group photo!
- 09:30 Att vara döv och ha psykisk ohälsa Antonia Rodrigues Da Silva
- 11:30 Thank you, evaluation and the NUS closes
- 12:00 Lunch
- 13:00 Departure from DUKIS

With reservation for changes. The entire program is alcohol and drug free until your free time.

